



### November 2012 Novembre 2012

Québec Council Conseil du Québec

# Québec Girl Guides Make an 'Impact' at Montreal Impact Soccer Day

On Saturday, October 27, Girl Guides from 12 different districts, along with their families, gathered at Saputo Stadium to watch the Montreal Impact's last game of the season. Over 400 of us filled the stands. A GGC information booth also helped to showcase what Guiding is all about!



Sparks from the Valois-Dorval District show their Girl Guide spirit



Pathfinder Sarah R. with District PR Advisers Grace Rosete and Sharon King

Are **you** interested in becoming your district's PR Adviser? The next Provincial PR Committee meeting is on Nov 20th - Contact Emily to join us! <u>emily.guides@gmail.com</u>

# Tip of the Hat

A huge thanks to the PR Dream Team who worked the booth at the Impact event on October 27! GGC-QC was well represented by the charismatic team: Nina-Marie Bournival (Provincial Media Relations), Grace Rosete (Riverdale District PR Adviser), Sharon King (Monklands District PR Adviser) and Patricia Tellis (Monklands District Commissioner). Special thanks to Heather Martin for transporting the GGC marquee! A massive thank you to Valerie Zaloum for singlehandedly organizing the event and making this opportunity available to our girls and their families.

> -- Provincial PR Adviser, Emily Koehler-Lemaire

#### www.guidesquebec.ca guidesquebec.wordpress.com

100 Alexis-Nihon, Suite 270 Saint-Laurent, Québec H4M 2N7 (t) 514-933-5839 (f) 514-933-7591 guides-guebec@bellnet.ca

### Highlights:

- <u>New Membership</u>
  <u>Growth Campaign</u>
- 2013 Guider Symposium
- <u>Snow Trails Pathfinder</u>
  <u>Camp</u>

#### Inside this issue: Tip of the Hat 1 **Girl Recognition** 2 2013 Guider Symposium 3 Membership Growth 4 Celebrating Great Guiding 5 **Program News** 6 Snow Trails 2013 7 Lakeshore + Riverdale 8 Spark Day **International News** 9 **Property Committee** 10 News News from the Office 12 Safe Guide News 13 Link News 14 Treasurers' Trove 15 **First Aid Courses** 15 GGC-QC Event Calendar 16



# The 2012 Achievement in Guiding:

# Girl Recognition event is December 9

# at the Pincourt Omni-Centre.

Do you have girls in your Unit who earned an award in the 2011-12 Guiding year? Send in their names now so they can receive the recognition and



Lady Baden Powell

Canada Cord

Chief Commissioner







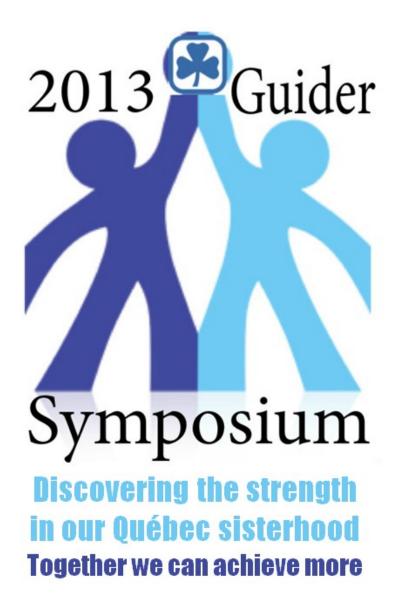
It's not too late! Email Brenda now at <u>guides-quebec.imis@bellnet.ca</u> with your Unit's girl member recipient names and iMIS numbers.

Invitations will be sent out in early November.

# Did you know...

Well known former Girl Guides include Margaret Atwood, Dr. Roberta Bondar, Michaëlle Jean, Céline Dion, Feist, Sheila Copps, Dini Petty, Elisha Cuthbert, and Sarah McLachlan.





Mark your calendars because we want to see YOU at this wonderful Guiding day! This is one event you won't want to miss!

# Saturday, January 19, 2013

Champlain College Saint-Lambert 900 Riverside Dr., Saint-Lambert 9 a.m. – 4 p.m.

The Guider Symposium is a day to reconnect with your Guiding friends and to make new Guiding connections.

The day will allow you to gain knowledge and share your own experiences with one another. You can also look forward to feeling inspired from some of our guest speakers.

It's a day for you to feel excited and proud to be a part of Girl Guides in this province and to be proud of the difference that you are making to all the young women and girls that you touch from one week to the next. And of course there will be Guiding goodies for all those who attend. Hope to see you all there!



# **Membership Growth**

## NEW Provincial Growth Campaign -November 15, 2012 to January 15, 2013

With a provincial growth target of 1950 girls, we are launching a special promotional campaign, which has been developed in consultation with your District Commissioners.



The campaign features a mailing that will go to all parents including 'gift certificates' to 'attend two free meetings'. Girls will also have the opportunity to receive the 'I Added a Friend Crest'. Individual Units and their Guiders will be eligible to win a gift certificate for the GGC online store. The winning District will receive a new Netbook computer!

Stay tuned for an e-blast containing all the details!



Don't forget to check out our provincial advocacy campaign website:

Québec Girls leading Tomorrow

Qcgirlsleadingtomorrow.ca





Hello Guiders! A LITTLE MEANS A LOT THROUGH GIRL ENGAGEMENT .....with Best Practices



### DECEMBER



"Glitter's" aCtivity idea!

## November 13<sup>th</sup> is World Kindness Day!!

Ask someone about their culture.

Eat lunch with someone new.

randomactsofkindness.org

How do you help a lot with a little?

### "COMMUNITY SERVICE"

PARTICIPATE IN AT LEAST TWO COMMUNITY SERVICE PROJECTS DURING THE GUIDING YEAR.

#### Girls Can do it! Girls Can make a difference!



**Best Practices** – Community service is an excellent way to build skills and abilities in girls and give them the opportunity to speak out, take action and provide service. Engage girls in determining what community service project the Unit will participate in.

**Key to ME!** *Helping Others* Check with your girls what their interests and preferences are. Make a joke book or story book for someone who could use some laughter or a smile. Let the girls tuck little notes on the inside cover. It could be a fill-in-the-blank type messages.

**Lending a Hand!** Have the girls come up with some ideas for service. They could organize a coat drive for those in need this winter. Hosting guests? Ask them to bring any coats they don't wear anymore.

\* Have you ever thought of baking cookies for the Vets? Or making cookie kits to donate?

\* Learn about partnerships between Girl Guides of Canada-Guides du Canada and other not-for-profit organizations. Visit Habitat for Humanity. <a href="http://www.habitat.ca">www.habitat.ca</a>

Here are some projects you and your unit can volunteer to do:

- Hold a used book sale to raise money for CWFF
- Donate a warm blanket or toy to a shelter (*Canadian Guider* Winter 2012 p. 28)
- Do something meaningful for another organization like Share the Warmth
- Organize a blood drive or help out at a blood donor clinic <u>www.hema-</u> <u>quebec.qc.ca</u>
- Help in the care of orphaned or injured birds at Le Nichoir... See their

wish list for ways you can help http://lenichoir.org/donate/wish-list/

 If you have "green projects" you want to carry out, contact: <u>EcoAction Community Funding Program</u> <u>The Green Source from Environment Canada</u> The Habitat Stewardship Program for Species at Risk



# **Program News**

## "The Québec Spin" Crests *Now available*



#### Spin centre crests - \$1.50 each Spin outer segments - \$ 0.85 each

\*plus tax and shipping – or use the option of picking up through the provincial office

Once you've completed your challenge, **report** what and how you accomplished the challenge to <u>defiQCspin@gmail.com</u>.

Then you can **order** your crests from the Québec provincial office. (Email <u>programsupport@guidesquebec.ca</u>)

**Remember** - you can complete different Spin combinations and earn new Spin segments, and of course meet existing program goals along the way!

## Summary of Environmental Challenges from Across Canada

There are some great challenges offered by provincial Girl Guide Councils across Canada. Most can be found through the Council websites under program resources. Check out this <u>link</u> to an excerpt of a great document that is currently being updated and compiled by the BC Program committee.

In keeping with the theme of our National Service project for 2012, **Operation Earth Action**, you will find a whole collection of wonderful program challenges that further explore **environmental** 

**themes.** Challenge details and crest order information can be found on the source Council's websites.

Click <u>here</u> to check out a summary of environmental challenges from across the country.

# National programming initiatives include...







45 girls and 12 leaders from six different units came together on October 20th at Cap St. Jacques for a fun-filled taste of camping.

Girls had a blast at the autumn-themed day, making jewelry and fairy houses, going on nature walks, going in a \_\_\_\_\_\_ tent, conquering an obstacle course and much more.

Girls and leaders alike met new people, learned new songs, and left with

Lakeshore & Riverdale Spark Day



happy memories in their hearts, and smiles on their faces.



## What has YOUR unit or district been up to?

Do you have photos or stories to submit to the Québec provincial newsletter? Email them to us at <u>communications@guidesquebec.ca</u>

Please keep in mind:

You must confirm that all members appearing in the photos are image-released
 The deadline for submissions is the first Thursday of every month

Your feedback and contributions are always welcome!





**Reminder:** Nationally-sponsored trip applications are due **by November 15th!** All forms should be sent to Pam Godfrey - <u>pam.brown.godfrey@gmail.com</u>

# **Travel Afternoon in October**

A small number of people came to find out about the people and groups who travelled this past year. The groups went to a lot of work with their sharing stations. I thank them all for their creativity.



- Pam Godfrey Québec Provincial International Adviser



Talia loved her trip with the National Group to Scotland

Melissa shares her Crest Collection with Elaine



Getting Runic alphabet necklaces



Katie had a great time with the National Group in Oregon



# **Property Committee News**

## Camp Wa-Thik-Ane 2013 Reservations Open November 15

As usual, all reservations must be accompanied by paperwork and a deposit.

Call or email the provincial office at 514-933-5839 / programsupport@guidesquebec.ca to inquire about site rental availability.



Members of the Northwood Brownie and Spark Units exploring Wa-Thik-Ane at Fall Day Camp

# CALLING ALL DISTRICTS... the challenge is on!



At a recent Valois-Dorval District meeting, the Guiders decided to donate some of their fundraising profits to GGC's wonderful provincial campsite.

So, the Property Committee's challenge to you is to come up with a fundraising activity in your district and donate some of the proceeds to **Wa-Thik-Ane**.

Get the girls involved in the stewardship of their camp!

Rumour has it that other districts have some ideas in the works; will your district be next?

Don't forget to fill out a fundraising form for provincial approval.





# **Property Committee News**

## LAKESHODE DLAYERS 18th Season



Tuesday, January 29, 2013

Ticket Cost:

Date:

## \$24.00, all profits going to Camp Wa-Thik-Ane

Location:

Pointe-Claire, QC

Bring your family and friends! Tickets will be available through the Property Committee, or by filling out an order form. **Stay tuned** for an e-mail blast with all of the ticket purchase details!



The time is 1924. The place is Hollywood: "a land just off the coast of planet Earth." Join Charlie Chaplin, Louella Parsons, and all the glamorous guests aboard William Randolph Hearst's luxury yacht, for a weekend cruise that promises to be the cat's meow. Be careful, though... this kitty has claws! The booze is prohibited; the sarcastic wit, uninhibited. A true story floating somewhere between reality and dream, filled with passionate affairs and powerful deals, the magic of the Charleston, and the manic dance of corruption. This stylish and sardonically funny exposé of corrupt Tinseltown values will have you on the edge of your seat.



# **News from the Provincial Office**

### Reminder: Open Position – District Support Specialist and Québec Council Member

The Québec Council is recruiting for this very important role. Refer to page 4 of the <u>October *Piccolo*</u> for details.

## **Mint Cookie News**



- Invoices have been sent out to District treasurers and their DCs. Payment for mint cookies is due to the provincial office **by November 18.**
- Learn more about the national Cookie All Stars
  initiative here
- Don't forget Québec Cookie Ribbons are available. Keep track of boxes sold and use <u>this</u> template to submit your Unit's numbers to <u>cookies@guidesquebec.ca</u>
- Still have cookies left to sell? Let us know as some districts are looking for more.

### New Brunswick Council recruiting staff for All-Age Camping Event – August 2013

The New Brunswick Council is holding *Bridging Friends Forever* – a camping event from August 11-17, 2013, with a target participation of about 800 members. They are anticipating a shortage of event staff and are therefore inviting Guiders from across the country to apply. More details, along with the event staff application form, can be found on the event <u>website</u> or through the link on the provincial website: <u>http://www.girlguides.nb.ca</u>

(Event participation will be considered an independent adult application.)

## **Requests for Penpals**

We've been contacted by a few different groups who are looking for **pen pals** including Brownies from BC who will be doing a unit meeting on Québec this month, and Cadettes (aged 11-12) from Maine who'll be travelling to Québec next summer. Check out our <u>Facebook</u> page to connect with them!

Another Girl Scout leader from the US is looking for penpals for her troop of 5-6 year olds. You can contact Jackie at <u>gstroop2591@gmail.com</u> to start an exchange.

### Congratulations to our Diamond Jubilee Medal Winners

Awarded by GGC in celebration of Queen Elizabeth's 60th anniversary as head of state, this prestigious honour is given to members who have made an outstanding contribution to their community and to Canada. Congratulations to the Diamond Jubilee Medal recipients from Québec:

> Safia El Awad Annette Levasseur Joanne Millette

### Have your girls shine in our offices!

<u>Send</u> us action shots of girls in uniform for us to showcase Guiding at the provincial office.





## LOST AND FOUND

A few items were left behind at the Provincial Fall Day Camp on September 29. If you're missing a hat or small backpack, please <u>let us know!</u>



You can post pen pal requests or offers on the <u>GGC pen pal exchange</u> <u>page on Facebook!</u>

> or email international@girlguides.ca



# Safe Guide News



<u>Safe Guide</u> is our risk management program and Guiders must take the face-to-face or e-learning training before they can become the Responsible Guider for an activity or event. Safe Guide training is mandatory and must be completed within a new Guider's first six months as a member. For new Guiders as of September 2012, March is your deadline. <u>Talk to your DC</u> about setting up an in-person Safe Guide training in your district, at your convenience.



## REMINDERS

- By now, all experienced Guiders should have read all the <u>changes</u> in **Safe Guide (SG)** as of July 2012, found on the GGC National website.
- **Qualifications:** any Guiders with qualifications (First Aid, National Lifeguard, paddling, etc) should have them registered in iMIS. Send them to guides-quebec.imis@bellnet.ca
- Health Care Professionals must have a current CPR, and should have their professional qualifications registered in iMIS.
- Non-member volunteers acting as **Home Contact Person** for Units should be registered in iMIS. Please use the A.7 form.
- An SG.3 (notification/authorization) form must be submitted for assessment for all yellow/red level activities or events, to safeguide@guidesquebec.ca. An assessor may require more information from you and request that you send her your SG.1 and your SG.4.
- If you are using a **Third Party Service Provider**, please follow the TPSP Guidelines found on pages 71 to 75 of Safe Guide. Please remember that the submission of a completed SG.7 to your assessor MAY be necessary depending on the TPSP activity.
- Your **SG.4** (emergency response plan) MUST be adapted to your activity. Also refer to the Appendix H in Safe Guide for details.
- **Rangers** cannot submit Safe Guide forms directly for assessment. They can, however, complete the forms and submit them to their Guider for review. The Ranger Guider will review the forms, make any changes necessary and submit them for assessment. Only a fully screened Guider who has completed the Safe Guide training module can assume the overall responsibility for an activity.
- **Planning** is a MUST before you start filling out any forms. Using the **SG Activity Guide** with the closest fit to your event is a great first step in helping plan the content, preparation and safety management of your activity. The completion of forms is really the documentation stage of the planning process and is the last step in that process.
- Make sure that your forms get to the Assessor on time; **at least two weeks before your event,** to allow for any follow-up that might be needed. Safe Guide Assessors are volunteers just like you and wear many hats both in Guiding and in their "other" lives.
- Guiders should download the documents they need and save them in a file to save time and avoid having to go back online.
- It is strongly suggested that each Unit, village or town have a hard copy of SG to consult.

## LATEST UPDATES:

 The water section of the SG document will be reorganized to make it more user-friendly for Unit Guiders and Assessors.



Questions can be sent to: Louise Triggs - safeguideadviser@gmail.com





#### What is a Link member?

A Link member can be any young woman in Guiding aged 18 to 30 years old. Link is an open forum for young woman to connect with one another. It's a place for those who are unable to commit to a Unit or for those who are looking to be a part of Guiding outside of being a Unit Guider.

#### What's the objective?

The purpose of this group is for young women to have a place to get together in a relaxed and informal setting. Link members can have the opportunity to work on brainstorming ideas for their Unit meetings, can begin or continue work on a service project, or can just be there to socialize and discuss all aspects of Guiding.

Some Link events or activities may include pub nights, travel, skiing, ice skating, rock climbing, hiking, camping, horseback riding, white water rafting... and anything else you can think of!

#### What is the time commitment?

Whatever amount of time that you can commit to being a Link member. You don't have to participate in all the events, or be at all the meetings.

#### Why should I be a Link Member?

If you are a young Guiding member who is looking to have some fun and to meet more young Guiders, this is the place to be! If you are unable to commit to regular weekly meetings or are looking for opportunities within Guiding for yourself, Link may be what you are looking for.

Please don't hesitate to contact me if you have any questions.

Amber LeBrun Link Specialist amberlebrun@hotmail.com 514-296-8811

#### Qu'est-ce qu'un membre de Link?

Un membre de Link peut être n'importe quelle jeune femme âgée de 18 à 30 ans qui est membre des Guides. Link est un forum ouvert pour les jeunes femmes pour se connecter les uns aux autres. C'est un endroit pour ceux qui ne sont pas en mesure de s'engager dans un unité ou pour ceux qui cherchent à participer dans des activités du Guidisme en dehors d'être un responsable d'unité.

#### Quel est l'objectif?

Le but de ce groupe est pour les jeunes femmes d'avoir un endroit pour se réunir dans un cadre détendu et informel. Les membres de Link peuvent avoir l'opportunité de travailler sur des idées pour leurs réunions d'unité, commencer ou continuer à travailler sur un projet de service, ou socializer et discuter tous les aspects du Guidisme.

Certaines activités peuvent inclure des soirées au pub, des voyages, une journée de ski, le patinage, l'escalade, la randonnée, le camping, l'équitation, le rafting... et toute autre chose que vous pouvez imaginer!

#### Quel est l'engagement de temps?

Quel que soit le temps vous pouvez consacrer à être membre de Link. Vous n'avez pas à participer à tous les événements ou être à toutes les réunions.

#### Pourquoi devrais-je être membre de Link?

Si vous êtes un jeune membre des Guides qui cherche à s'amuser et de rencontrer plus de jeunes membres des Guides, c'est l'endroit où tu veux être! Si vous ne parvenez pas à s'engager dans des réunions hebdomadaires ou vous êtes à la recherche d'opportunités au sein du Guidisme pour vous-même, Link peut être ce que vous recherchez.

S'il vous plait n'hésitez pas à me contacter si vous avez des questions.

#### Amber LeBrun

Spécialiste des membres Link amberlebrun@hotmail.com 514-296-8811





For Unit and District Treasurers

### **Signing Officers:**

If you haven't updated them yet, please do so now. This must be done for all Unit and District accounts every year. This must show in District minutes, although if there are no changes, you should not have to visit the bank.

### **Budget for Districts:**

Please include it with your next District minutes. It is a good idea for Units to do a budget too, but not required.

#### Year-end:

Year-end is December 31, which is coming soon, so make sure your books are up to date before the holiday rush! That will make it easier to wind things up for December 31, when they must be closed for review.

As always, if you have any financial questions, e-mail me at dsn@guidesquebec.ca

Dawn Coffey Treasurer Support Specialist



Red Cross First Aid Courses From Pulse Aide Inc.

Tailored to the needs of GGC as per Safe Guide July 2012



**First Aid Courses** 

### **Upcoming Courses:**

<u>Note:</u> All Pulse Aide Inc. Courses include the Canadian Red Cross First Aid and CPR/AED Revised Program Standards for 2012, and the new Red Cross Manual. Certification is valid for 3 years from the date of the certification.

#### Location: Greenfield Park

Emergency First Aid Course (8 hours) Sat., Nov. 24, 2012, 8:30 a.m. - 5:30 p.m. \$100 Standard First Aid Course (16 hours) Sat. and Sun., Nov. 24 and 25, 2012, 8:30 a.m. - 5:30 p.m. \$120

#### Location: Laval

Emergency First Aid Course (8 hours) Sat., Jan. 12, 2013, 8:30 a.m.- 5:30 p.m. \$100 Standard First Aid Course (16 hours) TWO Saturdays, Jan. 12 and 26, 2013, 8:30 a.m. - 5:30 p.m. \$120

\*\*\*\*\*

#### Upon completion, GGC–Québec Council will reimburse 2/3 of the cost for an (adult) Guider

For more information, course schedule, to register in a scheduled course or to book a course for yourself or for your own District or Guiding community at a time and location most convenient for you,

#### please email Joan Lax at pulseaideinc@gmail.com



# GGC-QC 2012-2013 Event Calendar

DATE	EVENT
December 9	Achievement in Guiding: Girl Recognition Event
January 19	Guider Symposium
February 15-17	Snow Trails
February 23	DC/Adviser/Council Meeting (1/2 day Saturday)
April	Prepare applications for Provincial Scholarship deadline of June 1
May 2	GGC-QC Annual General Meeting (AGM)
May 28	DC/Adviser/Council Meeting (Tuesday, 6 p.m 10 p.m.)
May (tbd)	Young Women's Forum
May (tbd)	Festi-Guide: Adventure Trek
Spring	District Membership Growth Workshop



Brownies from the 2<sup>nd</sup> Northwood Brownie Unit, Northshore District, painting their Chocolate Challenge banner. (Yes, crests are still available!) Photo: Daisy Owl